

# Lamlash Primary School and Early Years Class

Date: 6<sup>th</sup> June 2022

## UPDATE FROM MRS FOSTER

Hi everyone,

We are now into a really busy and exciting term: firstly, there was Health and Wellbeing week, then the Jubilee celebrations and a visit from a group of teachers from Iceland. The children are also about to go on their school trips, compete in our sports day and attend our prize giving. The P7s are off to the High School for a three day transition, too. Phew!

I have to say a massive thank you to our staff for their energy and effort with the events so far. The scope and ambition of the activities and opportunities for our children has been humbling for me and I know they have really benefited from them and enjoyed the experiences.

I'd also like to thank the members of the community that have supported us with health and wellbeing week – Mountain Rescue, paramedics, our school nurse, the fire service, RNLI and the coastguard and Arran Youth Foundation all turned up to demonstrate how our community help us. It was a wonderful afternoon.

On a more academic note, this is also report month. You will receive the annual report of how your child is progressing in time for Parents Evenings next week. I have had the privilege of reading them and I am pleased with the positive comments on progress that teachers have made. We have had a challenging time over the last couple of years and it is heartening to know that our children have shown a great deal of resilience.

I'm sure you will agree that everyone will be deserving of a summer holiday after all the activity from now until we finish at the end of June. Until then I'm looking forward to enjoying involvement in the things we did not get a chance to do last year.

Mrs Foster

## Diary Dates for June

8 <sup>th</sup>	P7/S1 Transition AHS
	P1/2 Trip to Brodick Castle
	Ragbag Collection
9 <sup>th</sup>	P7/S1 Transition AHS
	P3/4 Rock Pooling
10 <sup>th</sup>	P7/S1 Transition AHS
	EYC/P1 Transition
	Credit Union Collection
13 <sup>th</sup>	Gardening Club Last Day
14 <sup>th</sup>	Mountain Bike Club
15 <sup>th</sup>	P1-5 Parents' evening appointments
16 <sup>th</sup>	P1-5 Parents' evening appointments
	4.30 p.m.- 6.15 p.m. P7 Leavers' Meal at Little Rock
17 <sup>th</sup>	EYC/P1 Transition
20 <sup>th</sup>	Early Years Parents' appointments
	P6/7 Multi sports Last Day
21 <sup>st</sup>	P3/4 Trip to Brodick Castle
22 <sup>nd</sup>	10.00 a.m. Sports Day
24 <sup>th</sup>	P6/7 Trip
	EYC Trip to Brodick Castle
29 <sup>th</sup>	Early Years Graduation
30 <sup>th</sup>	1.00 p.m. Close for holiday
P4/5	Date to be arranged

## Arran Waterfest 12.6.22

Arran Yacht Club and friends are hosting a water sports day at Lamlash pier on Sunday the 12th of June.

This will be a chance for existing members of the Yacht Club to try out different water sports and meet other water users at the club. It is also an opportunity for everyone on Arran to try out the activities that the various clubs can offer and perhaps join the clubs at a later date. Whilst children are welcome to attend, there will be age restrictions for some of the activities, and a parent or guardian must be present at the Yacht Club for under 18s to participate. Wetsuits are available to borrow.

The day will be split into four main session times - 9.30, 11.00, 14.00 and 15.30. You can join one session or as many as you like, and you will have the opportunity to dinghy sail, kayak, swim and row with the clubs. All of the activities will be led by qualified instructors. To join in with any of these activities you will have to be a member of the Yacht Club or buy day membership which is available for £10 per person and can be purchased on the day. For lunch Arran Simply Thai will be there to provide high quality food which can be bought on the day with a range of children's and vegan options available.

In addition to the clubs COAST will be on hand to give information about the seas around Arran and advice on hobby fishing, with Arran Lifeboat and Coastguard providing vital water safety information. Other organisations such as SUP Arran, Dive Arran and Lamlash Cruises will also be there on the day offering a further range of activities which can be booked separately.

For further information about any of the activities, or to book a spot in one of the sessions, get in touch with the contacts for the different activities listed below.

Organisation	Contact name	Email	Age restrictions
Arran Junior Sailing Club	Andy McNamara	andy@otterstail.co.uk	P6 and over
Arran Kayak Club	Jo Totty	jototty841@gmail.com	P6 and over
Arran Swimmers	Georgina MacLean	georginamac@hotmail.co.uk	Be able to swim 25 m
Arran Coastal Rowers	Cecilia Paul	ceciliahigh5@gmail.com	S3 and over
Dive Arran	Richard Godfrey	hello@divearran.com	S3 and over
SUP Arran	Glen Sloss	PADDLE@suparran.com	P6 and over
Lamlash Cruises	Grant Ross	lamlashcruises@gmail.com	No age limits

## News from the Early Years Class

In the Early Years Class, we have had a very busy few weeks both inside and out! Inside we have been making full use of the construction area, where we have built brilliant structures using inspirations from buildings from the Taj Mahal, Colosseums and New York City Skyscrapers! For the children who will be moving onto school in the summer, we have also introduced some familiar school buildings and have children have their own mini me to enhance the school block play resources! The pre-school children have also enjoyed the beginning of their transition visits, visiting schools and meeting school buddies.

We have been experimenting with ice blocks in our water tray, experimenting with different methods of dissolving the ice and using our chart to record these. After using dandelions in our playdough over the last few weeks, we have been inspired to use them in different ways and have made dandelion and lemon biscuits which were a great success. We have also used our developing foraging skills to pick our own garlic from the woods to use them to make wild garlic and cheese scones; they smelt amazing and tasted even better.

Our new Early Years pets arrived last week in the form of the delivery of caterpillars. We have been enjoying watching them grow and eating all their food. They are now growing incredibly quickly, and we are watching in anticipation for them to start making their cocoons!

Last week we all took part in our Health and Wellbeing week. This has given us the opportunity to take part in some lovely activities, all related to our emotional, social, and physical wellbeing. We have taken part in tasting lots of different fruits and veg at our tasting table, discovering and tasting some new foods, and finding out what parts of our bodies they are good for. Time was taken out for a little mindfulness, where we learned about how our breathing can affect the way we feel, and we used our newfound deep breathing skills to sail our paper boats of our tummies.

We have also had the opportunity to build our own obstacle courses and time ourselves against the clock, experience a wild beach session and a visit to COAST to learn more about Arran's sea life and what we can do to protect it. We read the story 'Spider in my Hair' and used this as a springboard to discuss varying emotions and how we make choices.

The week was finished off with our talent show-where we were amazed by the skills and talents of our young people!





## Health and Wellbeing week @ Lamlash Primary

This last week we have had the mammoth, but extremely rewarding, task of running a health and wellbeing week across the campus. There have been activities taking place in the High School, in the Early Years Class and with us in the Primary.

We, the staff of Lamlash Primary, would like to take this opportunity to share with you some of the amazing activities that we have been involved in and to celebrate the wonderful children that we get to work with day in and day out.



We started the week with a **Mindful Monday Morning**. This begun with whole school yoga, expertly led by Mrs MacHale, out in the school playground. Everyone was involved – teachers and support staff too – and it was such a great way to start the week. Stress melted away, teachers remembered muscles they forgot they had, and the whole school got their wiggles out! In fact we enjoyed it so much that we're considering making it a weekly activity next academic session!



After the stress busting yoga we continued on our mindful journeys by taking part in a rotation of activities: friendship bracelet making, creating our own stress balls (just in case there was any left over after the yoga session) and painting to music! All of these activities **were** designed to give children opportunities to explore the important learning of health and wellbeing without, perhaps, even knowing that they were! There were fine motor skills developed, friendships extended and discussion over how we can deal with times of stress in a successful manner.

Our afternoon took a slightly different direction and we focused on the health of our teeth! Unfortunately the Childsmile team who were due to join us had ferry issues, however we didn't let that stop us and enjoyed time working in small groups exploring the topic of oral hygiene. We used our STEM skills to build toothbrushes, we watched videos and created posters to highlight the importance of looking after our teeth, we talked about healthy and unhealthy food, practised brushing (for at least 2 minutes!) and explored the effects that sugar can have on our teeth if left unchecked!

**Choosing Tuesday** was all about pupil voice. We had previously asked our classes what they would like to do and we took (almost!) all of their suggestions on board (no pie eating contest I'm afraid...) and turned it into an action packed day which resulted in exhausted staff and happy children!

Children were able to take part in a range of activities; bird watching, obstacle course, athletic skills, watching a movie, water play (those ducks from science day were back!), colouring, drawing and enjoying reading a good book.





We also enjoyed extra playtime and a walk, run, scoot, bike around our campus!



**Wildlife Wednesday** saw us spending the whole day outside in the fresh air and experiencing a whole range of weathers (4 seasons in one day!)

We had 3 activities for the children to rotate around in their house teams. One took us into the woods to create our own clay creatures, one helped to improve our school grounds by making scarecrows, and the other saw us exploring the wildlife of our school using new found classification skills.



The afternoon was spent at the beach. We were extremely lucky to enjoy some time with Jenny in COAST and Mrs Southwick commented that she learnt lots, so hopefully the children did too! There were some wonderful pieces of artwork created on the beach which gave the children the chance to show off their creative skills and also their social skills as many worked with partners from different classes and people that they would not normally work with. The final group were beach combing and many of you parents will have a new treasure in your house tonight as they all kept one small item they found on the beach to remember their day by!





**Thankful Thursday** was an amazing end to the week. We, as a staff here at Lamlash Primary, are extremely thankful to all our pupils, school partners and parents who were part of our final day of our health and wellbeing week.

We started the day with stories celebrating just how unique each and everyone one of **us are**. We then created self-portraits inspired by artists such as Picasso, Modigliani, Giacometti, the Expressionists, Anime artists and the Pop Art movement. Children worked with paint, pastels and pens to create some outstanding pieces of art which immediately was displayed in our hall



Our afternoon was about people who help us and we must take this opportunity to send a huge thank you to our partners in Mountain Rescue, Ambulance Service, Fire Brigade, Arran Youth Foundation, Lifeboat, Coastguard and Ann, our School Nurse.



The children had an amazing time talking to these people, trying on the firefighters' uniforms, sitting in the Argocat, carrying the stretcher with the mountain rescue, checking their oxygen levels inside the ambulance, listening to just what a school nurse does, taking part in a quiz all about sea safety and playing some games with Graeme from AYF.

The icing on the cake at the end of the day was seeing our school once again being able to welcome our parents back into the building. If you were able to come and support us then we really appreciate it and we look forwards to having even more of these type of events in the future.

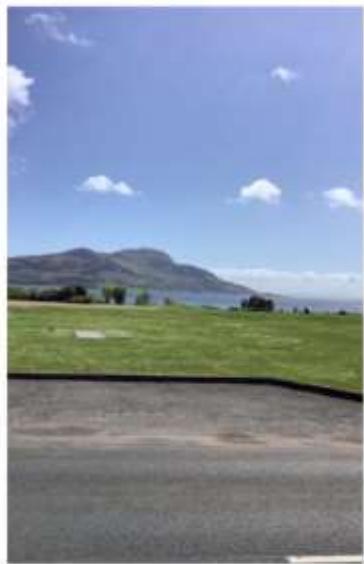
***Thank you for joining us on Thankful Thursday!***



## P3/4 NEWS

At the end of last month, in P3/4, we concluded our Social Studies; People, Past Events and Societies topic about 'The Romans'. We investigated Roman army shield designs, then following Expressive Arts, Art and Design, we each created our own shield designs. We then used Technologies, Design and Construct, to build our actual shield construction, with handles. The designs were then painted onto the constructed shields. Finally, we used our drama skills to re-enact various shield formations, as used by the Roman army.





As one topic ends, another begins. To introduce our new topic, 'Our Community, Lamlash', we enjoyed a learning walk around Lamlash to investigate the characteristics of the local environment. This topic will see us learning about Social Studies, People, Place and Environment.

## P4/5 News

P4 and 5 had been developing the outside area, weeding, planting and building. We have sewn seeds for squashes and pumpkins to harvest when we come back after the summer holidays. We are also continuing our report writing in Literacy and looking at fractions, percentages, and decimal fractions in Maths.

We had a busy Health and Wellbeing week; the rotten false teeth arrived in time to show what too many sugary foods do to your teeth!



## P6/7 News

P6/7 have had a fun and busy month! We have particularly enjoyed learning about our topic 'Rainforests'. We have engaged in a wide variety of activities across the curriculum to both develop and demonstrate our learning. We can identify rainforests of the world on a world map, the layers of the rainforest, as well as the wildlife and climate conditions.

To develop our understanding of the climate of the rainforest we have put together some 'Rainforests in a Jar'. They consisted of stones, soil, moss, water and seeds. We have strengthened our knowledge of the water cycle as we observe the various stages such as condensation, evaporation and precipitation in action. It has only been one week and so many seeds have sprouted. We have identified some other wildlife such as woodlice and microorganisms in our jars too. Very exciting!



We have used our learning from our topic across the curriculum, especially in Literacy, where we have written non-chronological reports; developing an understanding of fact, opinion and reliable sources, as well as the importance of writing in our own words. We have also worked in pairs to present some excellent informative PowerPoints to the class.



We have also turned our classroom into a rainforest by using STEM skills to show the various animals that live in the rainforest. We used shape, colour, line and mixed media to create some fantastic pictures of toucans. The children contributed an excellent effort to the homework task too, creating some fantastic looking animals using materials from home. We are looking forward to learning more about our topic, especially the current challenges rainforests face.

